Nordic Ski Capital of Colorado

PRESENTED BY

Pinnacle Orthopedics

Fischer
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BE ONE VALLEY
COMMUNITY
GUNNISON AND CRESTED BUTTE

BE ONE VALLEY
FEELING ILL?
STAY HOME & CHILL.

BE ONE VALLEY
SPREAD YOUR WINGS.
NOT COVID-19.
GUNNISON AND CRESTED BUTTE

BE ONE VALLEY
KEEP YOUR PAWS CLEAN.
WASH AWAY COVID-19.
GUNNISON AND CRESTED BUTTE
COVID 19
RISK MITIGATION & SAFETY

To ensure the health and safety of participants, volunteers and our local community, we require your cooperation in supporting the following safety measures:

• Do not travel to, or attend this event if you have recently been in contact with anyone testing positive for COVID-19, or if you yourself are currently exhibiting symptoms. Are you symptomatic? - CDC “Self Checker”

• Adhere to 7 Commitments of Containment throughout the duration of your event visitation. If you develop symptoms while in Gunnison County, quarantine and report your symptoms at - (970) 641-7660.

• Masks (or buffs) are required to be worn on Elk Avenue at all times, including the Start & Finish of your race. Please further protect our community by wearing your mask whenever physical distance of 10 feet cannot be maintained.

• No pre-race warm up is permitted anywhere on the race course. Warm up exercises should be performed at either Ruthie’s Run, or Town Ranch trails prior to your event.

• No form of congregation is permitted within Start or Finish Zones on Elk Avenue. Racers arriving on Elk Avenue must proceed directly to the start line and immediately depart on course. Upon crossing the finish line, racers must depart the Elk Avenue - Finish Zone as soon as possible.

• Spectatorship on Elk Avenue within Start & Finish Zones is prohibited. Please advise your support entourage to spectate from a location off of Elk Avenue.

• Upon arriving to bib pick-up, every athlete will be surveyed with a Health Screening Questionnaire. Any participant answering YES to one or more of the screening questions will be excluded from participation due to mandated “health disqualification”.

SKIING IS NOT A LIFESTYLE.
IT’S LIFE.

FISCHERSPORTS.COM
ACCOMMODATION
A variety of lodging deals are available from partners in both Towns of Crested Butte & Mt. Crested Butte. Please consider staying with one of our Lodging Partners.

- Pioneer Guest Cabins
- Old Town Inn
- Elk Mountain Lodge
- Elevation Hotel & Spa
- Crested Butte Lodging & Property Management

TRANSPORTATION
Airport (Gunnison & Montrose) ground transportation may be obtained from Alpine Express 1-800-822-4844

Gunnison Valley Public Transportation - FREE!
Gunnison << Crested Butte >> Mt. Crested Butte - Gunnison RTA SCHEDULE
CB South << Crested Butte >> Mt. Crested Butte - Mountain Express SCHEDULE

EVENT PARKING
We encourage participants to utilize Crested Butte’s free public transportation whenever possible. If driving a vehicle to the race venue is necessary, public parking is allowed on any town right-of-way. Overnight parking is permitted on public right-of-ways (excluding Elk Avenue). Be aware winter parking regulations are in effect.

BIB PICK-UP
Race bibs & swag will be distributed at the following two ‘drive through’ locations.

Crested Butte - Town Ranch Trailhead (998 Ninth St.)
FRIDAY (2/5) - 5:00 PM to 7:00 PM
SATURDAY (2/6) - 1:00 PM to 3:00 PM

Gunnison - Jorgensen Park (192 S. Adams St.)
FRIDAY (2/5) - 5:00 PM to 7:00 PM
TRAIL PASSES
Trail passes are required to ski on CB Nordic’s groomed trail network. We encourage racers to explore the full breadth of our trail network while previewing their Alley Loop course. If you wish to ski in the days prior, or after the event, we kindly request your cooperation in purchasing the necessary trail pass.
Day passes may be purchased online - [PURCHASE TRAIL PASS HERE](#)

GEAR STORAGE
Secure gear storage is NOT provided at the Start Line. We suggest racers bring minimal personal items to the start area. In general, gear is safe to be left unattended around the Start/Finish venue. Crested Butte Nordic is NOT responsible for lost, abandoned, or stolen racer property.

GEAR RENTAL
Participants intending to use rental equipment for the event may make advanced reservations for gear online. [RESERVE GEAR HERE](#)
Early pick-up the evening prior to race day may be requested by calling the Front Desk at 970-349-1707.

EVENT WITHDRAWAL & DIVISION CHANGE REQUESTS
You may cancel your registration for any reason prior to your event and receive a partial refund based upon the following refund schedule. Please submit your refund request via the online form linked below.

Registration made BEFORE January 23rd - **85% Refund**
Registration made AFTER January 23rd - **70% Refund**

If you wish to alter the race distance you are currently registered for, you may do so by submitting a change request via the online form linked below.

[SUBMIT REQUEST](#)
In accordance with US Ski & Snowboard’s initiative to eliminate fluorinated ski wax from all sanctioned levels of snow sports competition in North America, the 2021 Alley Loop is therefore adopting a fluorinated wax ban.

While it will be not practical for our staff to test compliance at the event, we hope that our community will embrace this new race standard and adhere to this year’s ban in the spirit of fair competition.

WAX SERVICE

Limited quantity of Wax Service Reservations are offered by Boulder Nordic Sport. Reservations can be made through Online Race Registration or by calling the CB Nordic Front Desk at 970-349-1707.

Non-Fluoro Race Wax - $49
Application of base layer glide wax + liquid race glide wax (non-fluoro).

- Drop Off & Pick Up Process -

Skis should be dropped off at CB Nordic Center Front Desk, Alley Loop week - 8 AM to 6 PM. Deadline to drop skis for service is Friday (2/5) at Noon.

Finished skis will be available for pick-up: Saturday (2/6), 6:00 AM, inside the CB Nordic “Cat Barn”
We take a holistic approach - treating the entire patient, not just the injury.

...where patients come first!

Dr. David Elfenbein has over 20 years orthopedic experience.

- Lowest dose X-Ray in the region.
- He is a team doctor for CB Titans as well as a medical advisor to the Adaptive Sports Center.

Amy Wais, DTCM and On Point Acupuncture have joined our team to expand the scope of musculoskeletal services. Amy can be reached at 970-901-2619.

If injured, call Dr E anytime at 970-672-1980
SCHEDULE OF EVENTS

THURSDAY, FEBRUARY 4th

Wax Service Drop Off
8:00 AM to Noon
Crested Butte Nordic Center Window - 620 2nd St.

Virtual 1K & 3K
12:00 PM to 6:00 PM
Crested Butte Nordic Center - 620 2nd St.

Early Bib Pick-Up
12:00 PM to 6:00 PM
Crested Butte Nordic Center Window - 620 2nd St.

FRIDAY, FEBRUARY 5th

Wax Service Drop Off
8:00 AM to Noon
Crested Butte Nordic Center Window - 620 2nd St.

Virtual 1K & 3K
8:00 AM to 6:00 PM
Crested Butte Nordic Center - 620 2nd St.

Bib Pick-Up

Crested Butte
5:00 PM to 7:00 PM
Town Ranch Trailhead - 998 Ninth St.

Gunnison
5:00 PM to 7:00 PM
Jorgensen Park - 192 S. Adams St.
SATURDAY, FEBRUARY 6th

Virtual 1K & 3K
8:00 AM to 6:00 PM
Crested Butte Nordic Center - 620 2nd St.

Bib Pick-Up
Crested Butte
1:00 PM to 3:00 PM
Town Ranch Trailhead - (drive through) 998 Ninth St.

Rolling Start Windows
21K Classic / 42K Classic & Skate - 7:00 AM to 8:00 AM
21K Skate - 11:00 AM to Noon

Virtual Awards (42K & 21K) & Raffle Drawing
5:00 PM - Facebook Live

SUNDAY, FEBRUARY 7th

Virtual 1K & 3K
8:00 AM to 3:00 PM
Crested Butte Nordic Center - 620 2nd St.

Rolling Start Windows
10K Freestyle - 9:00 AM to 10:00 AM
5K Freestyle - 11:00 AM to Noon

Virtual Awards (1K, 3K, 5K & 10K)
4:00 PM - Facebook Live
ROLLING START SCHEDULE

No mass starts will be performed for 2021 Alley Loop events. All competitions will be self-initiated in a Rolling Start format. Athletes must begin their race by skiing across the start timing line anytime within the appointed start window outlined below.

5K competitors must conclude their course by 2:00 PM.

**SATURDAY (2/6)**

<table>
<thead>
<tr>
<th>Period</th>
<th>Race</th>
<th>Rolling Start</th>
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<tbody>
<tr>
<td>A.M. RACE</td>
<td>42 CLASSIC</td>
<td>7:00 - 8:00 AM</td>
</tr>
<tr>
<td></td>
<td>21 CLASSIC</td>
<td></td>
</tr>
<tr>
<td></td>
<td>42 SKATE</td>
<td></td>
</tr>
<tr>
<td>P.M. RACE</td>
<td>21 Collegiate</td>
<td>11:00 AM - 11:30 AM</td>
</tr>
<tr>
<td></td>
<td>21 SKATE</td>
<td>11:30 - Noon</td>
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**SUNDAY (2/7)**

<table>
<thead>
<tr>
<th>Period</th>
<th>Race</th>
<th>Rolling Start</th>
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<tbody>
<tr>
<td>A.M. RACE</td>
<td>10 Freestyle</td>
<td>9:00 - 10:00 AM</td>
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<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>P.M. RACE</td>
<td>5 Freestyle</td>
<td>11:00 AM - Noon</td>
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<td></td>
<td>2 Hour Cut Off - Elk Avenue Finish</td>
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**THURSDAY (2/4) - SUNDAY (2/7)**

<table>
<thead>
<tr>
<th>Period</th>
<th>Virtual Race</th>
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<tbody>
<tr>
<td>Noon (2/4)</td>
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**Start Line Procedure**

Racers arriving to the start venue will ideally access Elk Avenue at 2nd Street. Once skis are affixed, proceed immediately up Elk Avenue to 1st Street, where the Start Timing Line will be demarcated. Your race clock automatically begins when you cross this line.

DO NOT DELAY or CONGREGATE during the rolling start period on Elk Avenue.

*** Pre-Race Warm Up Notice ***

No warm-up is permitted anywhere on course prior to your race, on Elk Avenue. We suggest pre-race warm up exercises be performed on either Ruthie’s Run, or Town Ranch trails prior to your event.
VIRTUAL 1K & 3K COMPETITION
Youth 1K & 3K competitions will be held in a virtual race format this year. Racers may submit as many results as they desire within the competition window - Thursday (2/4) Noon to Sunday (2/7) 3:00 PM.

HOW TO PARTICIPATE

• Register to receive a bib number.

• Familiarize yourself with the race course.
  1.5K = 1 lap & 3K = 2 laps

• Locate Start / Finish line in front of CB Nordic Center.

• Race the course! Have a parent clock your time.

• Submit your result to a staff member at the CB Nordic Center - Front Window. Race standings will be tabulated throughout the weekend, with leader boards displayed at the Nordic Center.

• Collect a Finisher Medal! These will be distributed at the CB Nordic Center - Front Window.

• Watch Virtual Award Ceremony (Facebook Live) - Sunday (2/7), 4:00 PM to see if you won a top finisher award.
TIMING METHOD
Timing will be activated via a passive chip implanted on your race bib. Start & Finish times will be electronically captured upon crossing the established Start & Finish Lines.

For accurate results:
• Wear bib on Front Torso
• Do NOT layer over bib
• Don’t tamper with metal chip implanted on bib

LIVE RESULTS
Live results will be immediately viewable on the SportsStats web page linked below.

AID STATIONS
Aid for 42K & 21K is distributed on-course at approximately 7K intervals, at the following two aid locations:

2ND STREET @ MAROON ALLEY
&
MAGIC MEADOWS YURT
(10K will have aid distributed at Yurt only)

- Hydration & Nutrition -

Endurance Fuel
Shot Energy Gels
Start & Finish Zones
Racers arriving to the start venue will ideally access Elk Avenue at 2nd Street. Once skis are affixed, proceed immediately up Elk Avenue to 1st Street, where the Start Timing Line will be demarcated. Your race clock automatically begins when you cross this line. DO NOT DELAY or CONGREGATE during the rolling start period on Elk Avenue.

Upon crossing the finish line, racers must depart the Elk Avenue - Finish Zone as soon as possible.
1k & 3k Course

CRESTED BUTTE NORDIC

1.5k = 1 Lap
3k = 2 Laps

LEGEND
Start
Finish
Route

Alley Loop NORDIC MARATHON

Cartography by Singletrack Maps
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AWARDS & RAFFLE

All awards will be presented virtually as Facebook Live events.

42k & 21k Presentation – 5:00 p.m. (2/6)
10k & 5k Presentation – 4:00 p.m. (2/7)

A raffle drawing for all registered participants will be held in conjunction with Saturday’s award presentation. Raffle prizes will be drawn based on randomly chosen bib numbers. A list of drawn bib numbers will be published post raffle. Event Awards & Raffle Prizes may be claimed at the Crested Butte Nordic Center during normal business hours. Awards will not be mailed.

42k skiers finishing in under 3 hours receive
Sub 3-Hour Marathon Achievement Medal

42k & 21k
Top 3 Male & Female – Fischer Gift Voucher

10k & 5k
Top 3 Male & Female – Custom Prize Package

1k & 3k Youth
Every participant awarded a Finisher Medal
Top 3 Male & Female – Podium Medal

Age Class Awards
Winners receive a commemorative Pint Glass

42k, 21k, 10k & 5k

AGE:
8 – 15
16 – 19
20 – 29
30 – 39
40 – 49
50 – 59
60 – 69
70 – 79
80+

1k & 3k Youth
Winners receive a commemorative Wax Scraper.

AGE:
1 – 7
8 – 11
12 – 14